

Early Childhood

Mental Health Resources Guide



The agencies listed in this resource guide for early childhood mental health services and supports are included in county Alcohol, Drug and Mental Health (ADAMH) Board directories and/or Mental Health Recovery Board (MHRB) directories.

Private, individual mental health practitioners are not included in the listings. Inclusion of an agency in this resources guide is not a recommendation or endorsement for that agency.

Several agencies provide services in multiple counties. Those seeking mental health services can refer to listings in other counties included in this guide for additional service options.

MENTAL HEALTH CRISIS HOTLINES MULTI-LINGUAL INFORMATION

English

You don't have to struggle alone. Help is always available.

If you or your child need immediate help due to having suicidal thoughts, call the National Suicide Prevention Lifeline at 988 or text the Crisis Text Line by texting "START" to 741-741. If there is an immediate safety concern, call 911 or go to the nearest emergency room.

Spanish

No tiene que luchar solo. Siempre hay ayuda.

Si usted o su hijo necesitan ayuda inmediata por pensamientos suicidas, llame a la línea Red Nacional de Prevención del Suicidio (National Suicide Prevention Lifeline) al 1-800-273-TALK (8255) o envíe un mensaje de texto que diga "START" a la Línea de Crisis por Texto (Crisis Text Line) al 741-741. Si hay una preocupación de seguridad inmediata, llame al 911 o vaya a la sala de emergencias más cercana.

Somali

Maaha inaad keligaa dhibtooto. Caawimaad ayaa markasta la heli karaa.

Haddii adiga ama cunugaagu u baahan yahay caawimaad degdeg ah sabab la xariirta inuu ka fakaraayo daldalista naftiisa, wac laynka Qaran ee Ka hortaga Isdilida oo ah 1-800-273-TALK (8255) ama fariin qoraal u dir Laynka Fariimaha Masiibada adoo erayga "START" (BILOOW) fariin qoraal udir 741-741. Haddii uu jiro walaac badqab oo degdeg ah, wac 911 ama tag qolka xaalada degdega ah ee kuugu dhaw.

Nepali

तपाईं लेएक्लैसंघर्षगर्नुपर्दैन।सहायतासधैँउपलब्धछ।

यदि तपाईं वा तपाईं को बच्चालाई आत्महत्या गर्नेविचार भएकोले तत्काल सहायता चाहिन्छ भने, नेशनल सुसाइडप्रिभेन्सन लाइफलाइन 1-800-273-TALK (8255) मा फोन गर्नुहोस् वा 741-741 को "START" मा टेक्स्ट गरिक्राइसेस टेक्स्ट लाइन पठाउनुहोस्। यदि त्यहाँ एक तत्काल सुरक्षा चिन्ता छ भने, 911 मा फोन गर्नुहोस् वा नजिकको आपतकालीन कोठामा जानुहोस्।

Arabic

لا يوجد داع بأن تُعاني بمفردك. دائمًا هنالك مساعدة مُتاحة

273-800-1من الحياة الوطني لمنع الانتحار" على رقم1-800-127 إذا كنت أنت أو طفلك بحاجة إلى مساعدة فورية بسبب تراود أفكار انتحارية، تواصلوا مع مؤسسة "شريان الحياة الوطني لمنع الانتحار" على رقم 274-741. إذا كانت هناك مخاوف فورية تتعلق بالسلامة، فاتصل برقم 911 "START" أو من خلال إرسال رسالة نصية إلى خط تراسل الأزمات بنص غرفة طوارئ .

Chinese

您不必独自挣扎。您随时可以获得帮助。

如果您或您的孩子因为有自杀念头而需要立即的帮助,请致电国家自杀预防热线(National Suicide Prevention Lifeline)1-800-273-TALK(8255),或向危机短信专线(Crisis Text Line) 741-741 发送 "START"。如果存在紧急安全问题,请拨打911 或前往最近的急诊室。

YOUTH IN CRISIS (17 and under): Nationwide Children's Hospital (614) 722-1800

ADULT IN CRISIS: Netcare Access (614) 276-2273

CRISIS Text: Text "4Hope" to 741-741

FRANKLIN COUNTY EARLY CHILDHOOD MENTAL HEALTH PROVIDERS

Access Ohio, https://accessoh.com

6400 E. Broad Street Suite 400, Columbus, OH (headquarters) (614) 655-3345;

4725 Parkwick Drive, Columbus, OH, 614-655-3354, (WEST); 8100 Ravines Edge Court, Suite 200, Columbus, OH, (614) 985-3112 (NORTH); 899 E. Broad Street, Suite 334 Columbus, OH, (614) 396-9333 (CENTRAL)

- Outpatient counseling, ADHD
- Private insurance (check for in-network), Medicaid, private pay

Apex Counseling Services, https://www.apexcounselingservices.com

5310 East Main St., (Whitehall); 6877 N. High St (Worthington); 1329 Cherry Way Dr., Suite 605, Gahanna, OH 614-751-1090

- Therapy for children, family counseling and parenting support
- Private insurance (check that specific therapist is in-network) private pay, does NOT accept OHMedicaid)

Bluestone Counseling, LLC, https://www.bluestonecounseling.com

3763 N. High Street Suite A, Columbus, OH; 5701 North High Street Suite 308, Worthington, OH; 1151 Bethel Road, Suite 302, Columbus, OH, 614-406-0299

- Family therapy services
- Private insurance (check if in-network), private pay, do NOT accept Medicare, EAP, Tricare, HMO plans

Buckeye Ranch, https://www.buckeyeranch.org

2865 West Broad Street, 614-384-7798

- Intensive home-based treatment five years and older
- Medicaid, private insurance (check for in-network), private pay

Concord Counseling, https://concordcounseling.org

700 Brooksedge Blvd, Westerville, OH, 614-882-9338

- Child therapy and counseling 3 years and older
- Medicaid, sliding scale fee for Franklin County residents, private insurance (check for in-network), private pay

Directions for Youth and Families, https://dfyf.org

1515 Indianola Avenue; 657 S. Ohio Avenue; 39 W. Winter Street, Delaware; 3616 East Main Street, Whitehall, 614-294-2661

- Home-based individual and family counseling for 5 yrs. and older
- Medicaid, private insurance (check for in-network), private pay, possible assistance for qualifying families

Family Solutions, https://familysolutionsusa.com/office-locations/columbus-oh/

1550 Old Henderson Road, Suite N-271, Columbus, OH, 614-456-7334

- Crisis intervention for children and adults, home-based treatment, family treatment, 4yrs. and older
- Medicaid, Private insurance (check for in-network), private pay, assistance for qualifying families

OhioGuidestone, https://ohioguidestone.org

195 N. Grant Avenue, Ste. 250, 888-522-9174, 39 locations in Ohio

- Children's counseling ages 5-10 years old, child psychiatry, family therapy, play therapy
- Medicaid, Private insurance (check for in-network), private pay

Mid-Ohio Psychological Services, www.mopsohio.com

2238 S. Hamilton Rd., #200, Columbus,

614-751-0042

- Outpatient, Home-based Counseling, Psychology *Ages 5 and older; locations also in Fairfield, Licking and Delaware County
- Medicaid, private insurance (check for in-network), private pay

Nationwide Children's Hospital Behavioral Health Services, www.nationwidechildrens.org

Downtown Columbus location: 495 E Main Street

Branch locations: Reynoldsburg, Dublin, Westerville, Hilliard, Newark 614-355-8080

- Early childhood mental health treatment outpatient, parenting training workshops
- Medicaid, private insurance (check for in-network), private pay, can request financial assistance when call

New Horizons Mental Health Services, https://www.newhorizonsmentalhealth.org

437 Hill Road N, Pickerington, 614-834-1919

Assessment and specialized short-term family therapy for preschool children and families

St. Vincent Family Center, www.svfc.org

1490 E. Main Street, Columbus, OH, 614-252-0731

- Outpatient and home-based counseling for families/young children, psychiatry, therapeutic preschool
- Medicaid, private insurance (check for in-network), private pay

Syntero, www.syntero.org

Intake Department (614) 889-5722 X133, locations throughout Franklin County

- Treatment service and in-home supportive services for infants, children and families
- Private insurance (check for in-network), Medicaid, private pay

The Ohio State University Medical Center,

1670 Upham Drive, Columbus, OH, 614-293-4586

- Outpatient counseling, and psychiatry
- Private insurance (check for in-network), Medicaid, private pay

Youth Advocate Services, https://www.yasohio.org

2323 W. Fifth Avenue, Suite 150, Columbus, OH, 614-258-9927

• Outpatient counseling and psychiatry, home-based services, family counseling

MENTAL HEALTH RECOVERY BOARD (MHRB) DELAWARE COUNTY

https://dmmhrsb.org

(740) 368-1740

40 N. Sandusky Street, Suite 301, Delaware, OH 43015

CRISIS Contact: 1-800-684-2324
CRISIS Text: "HELPLINE" to 898-211

DELAWARE COUNTY EARLY CHILDHOOD MENTAL HEALTH PROVIDERS

Syntero, www.syntero.org

7100 Graphics Way, Lewis Center, OH 43035, (614) 889-5722 X133

- Mental health treatment and in-home supportive services for infants, children. Positive Parenting Program (PPP) training workshops for parents/caregivers of children birth to 8 years old.
- Private insurance, Medicaid, Medicare, self-pay, sliding fee scale for uninsured Franklin, Delaware, Morrow County residents.

Directions for Youth and Families, https://dfyf.org

39 W. Winter Street, Delaware, 614-294-2661

- Home-based individual and family counseling for 5 yrs. and older
- Medicaid, private insurance (check for in-network), private pay, possible assistance for qualifying families

Cornerstone of Hope, colhope@cornerstoneofhope.org

1550 Old Henderson Road, Suite E-262, Columbus, OH 43220, (614) 824-4285

- Private, non-profit, faith based organization. Grief counseling for parent/caregivers of young children, older children and families.
- Private pay. Financial assistance available for those who qualify

Mid-Ohio Psychological Services – www.mopsohio.com

106 Stover Drive, Delaware, OH, (740) 417-9265

- Outpatient, Home-based Counseling, Psychology *Ages 5 and older
- Medicaid, private insurance (check for in-network), private pay

Turning Point, www.turningpoint6.org

(740) 382-8988 or (800) 232-6505.

- Shelter for victims/survivors of domestic violence and their children, individual and group education and support for adults/parents.
- All services offered at no cost

ALCOHOL DRUG AND MENTAL HEALTH BOARD (ADAMH) FAIRFIELD COUNTY

https://www.fairfieldadamh.org

108 W. Main Street, Suite A, Lancaster, OH 43130 (740) 654-0829 CRISIS: (740) 687-8255

CRISIS Text: Text "4Hope" to 741-741

FAIRFIELD COUNTY EARLY CHILDHOOD MENTAL HEALTH PROVIDERS

Fairfield County Family Resource Guide, https://www.facfc.org/pd/fall-2022-Family-Resource-
Calendar.pdf
740-652-7282 for information or to register for parent education classes to support safe parenting skills.

Lancaster-Fairfield Community Action Agency, https://www.faircaa.org

1743 East Main Street, Lancaster (740) 653-4146.

 Teens with Tots program supporting teen mothers with young children. (740) 681-4881. Funded by ADAMH Fairfield County.

Ohio Guidestone, https://ohioguidestone.org

111 South Broad Street, Suite 209, Lancaster, OH 1-844-622-5564.

- Child, parent, family counseling and therapies, mental health assessments, office and home-based services
- Private insurance, Medicaid, Medicare, self-pay

Mid-Ohio Psychological Services – www.mopsohio.com

106 Starret Street, #110, Lancaster, OH, (740) 687-0042

- Outpatient, Home-based counseling, psychology for ages 5 and older
- Medicaid, private insurance (check for in-network), private pay

New Horizons, https://www.newhorizonsmentalhealth.org

2652 Kull Road, Lancaster, OH (740) 277-6733

437 Hill Road, N, Pickerington, OH (614) 834-1919

- Mental health assessments and short-term family therapy for preschool children and families, intensive home-based treatment for families, walk-in, same day initial assessment appointments Monday Friday.
- Medicaid, Private insurance (check for in-network), self-pay

Nationwide Children's Hospital Behavioral Health, www.nationwidechildrens.org

444 Butterfly Gardens Drive, Columbus, OH. (614)-355-8080.

- Mental health treatment for young children and parents/caregivers. Columbus locations, satellite office locations and in-home services in some communities.
- Parenting trainings Positive Parenting Program (PPP) free workshops offered in person and virtually throughout Ohio counties.
- Private insurance (check for in-network), Medicaid, private pay. Families needing financial help with payments can inquire about assistance when calling for appointment.

MENTAL HEALTH RECOVERY BOARD (MHRBO) LICKING COUNTY-KNOX COUNTY

http://www.mhrlk.org

1435 West Main Street, Suite B, Newark, OH (740) 522-1234 CRISIS: 211

CRISIS Text: Text "4Hope" to 741 741

LICKING COUNTY EARLY CHILDHOOD MENTAL HEALTH PROVIDERS

Behavioral Health Care Partners of Central Ohio. Inc. www.bhcpartners.org

65 Messimer Drive, Newark, OH (740)522-8477 or 1-877-593-6330.

- Outpatient counseling individual and family preschool age and up. Family Care Coordinators link families to resources and work with families to increase coping skills
- Private insurance (check for in-network), Medicaid, Medicaid HMO's

Bridging Connections, https://bridging-connections.com

30 Custer Road, Heath, OH (740) 522-0009.

- Counseling for families and young children, grief counseling
- Private insurance (check for in-network), Caresource, Medicare, self-pay

Mid-Ohio Psychological Services - www.mopsohio.com

68 West Church Street, #318, Newark, OH, (740) 281-1777

- Outpatient, Home-based counseling, psychology for ages 5 and older
- Medicaid, private insurance (check for in-network), private pay

Ohio Guidestone, https://ohioguidestone.org

(844) 622-5564, call for closest location or telehealth services

- Family counseling, in-home child therapy and mental health program birth to 6 years
- Telehealth services available throughout the state of Ohio.
- Private insurance (check for in-network), self-pay, Medicaid, Medicare

The Village Network, Newark, https://thevillagenetwork.org

14 Sandalwood Drive, (740) 788-8850

- Parent-Child Interactive Therapy for 2yrs-7yrs, Intensive Home Based Treatment for children and families
- Private insurance (check for in-network), sliding scale for uninsured that qualify, private pay

The Woodlands, https://thewoodland.org 195 Union Street, Suite B-1, Newark, OH (740) 349-7066.

- Therapy for children ages 5 and older and families. Evidence based therapies, trauma treatment, psychiatric services.
- Medicaid, Managed Care, private insurance (check for in-network), some financial support available for uninsured.

MENTAL HEALTH RECOVERY BOARD (MHRB) MADISON, CLARK, GREENE COUNTIES

https://www.mhrb.org

1055 E. High Street, Springfield, OH 45505 (937) 322-0648

CRISIS MADISON COUNTY: 740-852-6256
CRISIS TEXT: Text 4HOPE to 741741

EARLY CHILDHOOD MENTAL HEALTH SERVICES MADISION COUNTY

Madison County Mental Health Services, https://mhscc.org/services/

210 N. Main Street, London, OH 43140, (740) 852-6256.

- Family and youth counseling services, youth psychiatric support team (CPST)
- Medicaid, private pay, private insurance (check for in-network)

Nationwide Children's Hospital Behavioral Health, www.nationwidechildrens.org

444 Butterfly Gardens Drive, Columbus, OH. (614)-355-8080.

- Mental health treatment for young children and parents/caregivers. Columbus locations, satellite office locations and in-home services in some communities.
- · Linkage to other services at NCH as needed.
- Parenting trainings Positive Parenting Program (PPP) free workshops offered in person and virtually throughout Ohio counties.
- Private insurance (check for in-network), Medicaid, private pay. Families needing financial help with payments can inquire about assistance when calling for appointment

Ohio Guidestone, https://ohioguidestone.org

(844) 622-5564 for general information and locations of services or telehealth

- Family support and counseling services
- Telehealth services available throughout the state of Ohio.
- Private insurance (check for in-network), self-pay, Medicaid, Medicare

ALCOHOL DRUG AND MENTAL HEALTH BOARD (ADAMH) PICKAWAY COUNTY/PAINT VALLEY

394 Chestnut Street, Chillicothe, OH 45601

https://pvadamh.org

Pickaway: (740) 773-2283

CRISIS Pickaway: (740) 477-2579 CRISIS Text: Text 4Hope to 741-741 1154 North Court Street, Circleville, OH, (740) 497-4764.

- Home-based supportive services for families
- Medicaid, Medicare, private insurance (check for in-network)

Nationwide Children's Hospital Behavioral Health, www.nationwidechildrens.org

444 Butterfly Gardens Drive, Columbus, OH. (614)-355-8080.

- Mental health treatment for young children and parents/caregivers/families. Columbus locations, satellite office locations and in-home services in some communities.
- Linkage to other services at NCH as needed.
- Parenting trainings Positive Parenting Program (PPP) free workshops offered in person and virtually throughout Ohio counties.
- Private insurance (check for in-network), Medicaid, private pay. Families needing financial help with payments should inquire about assistance when calling for appointment

Scioto Paint Valley Mental Health Center, http://www.spvmhc.org

145 Morris Road, Circleville, OH, (740) 474-8874.

- Child psychiatry and child counseling
- Private insurance (check for in-network), Medicaid, private pay

MENTAL HEALTH AND RECOVERY BOARD (MHRB) UNION COUNTY

https://www.mhrbuc.org

131 N. Main Street, Suite A, Marysville, OH 43040 937-642-1212

CRISIS: 800-731-5577

Mosaic MHRB Union County - Free youth services information line: 833-667-2428. Helps families have easy access to activities and services to promote social and emotional wellness. A "one-stop" for information and support for families.

UNION COUNTY EARLY CHILDHOOD MENTAL HEALTH PROVIDERS

Beacon Center for Counseling, https://www.beaconcounselingcenter.com

6047 Frantz Road, Dublin, OH. Satellite sites in Westerville, New Albany and Marysville, OH (614) 336-7856.

- Counseling in a faith-based environment for children, families.
- Private insurance for outpatient psychotherapy (check for in-network).

The Equine Haven LLC, http://equinehaven.org

7911 Degood Road, Ostrander, OH 43061, (614) 999-2748, email: equinehavenllc@gmail.com

- Traditional mental health therapies and Equine Assisted Mental Health Therapy for individual and family. Therapy for children under the age of 6 requires a parent present at all sessions and is considered family therapy.
- May accept some private insurance (check when scheduling), private pay.

Kids Heart Counseling, https://kidsheartcounseling.com

463 Allenby Drive, Marysville, OH 43040, (937) 209-0088.

- Mental health treatment for young children and parents/ families.
- Private insurance (check for in-network), Care Source Medicaid, Molina Medicaid, Medicare. Does NOT accept *regular* Medicaid at this time.

Nationwide Children's Hospital Behavioral Health, www.nationwidechildrens.org

444 Butterfly Gardens Drive, Columbus, OH. (614)-355-8080.

- Mental health treatment for young children and parents/caregivers. Columbus locations, satellite office locations and in-home services in some communities.
- Linkage to other services at NCH as needed.
- Parenting trainings Positive Parenting Program (PPP) free workshops offered in person and virtually throughout Ohio counties.
- Private insurance (check for in-network), Medicaid, private pay. Families needing financial help with payments can inquire about assistance when calling for appointment.

Ohio Guidestone, https://ohioguidestone.org

343 West Bagley Road, Berea, OH 44017, (844) 622-5564.

- Early childhood mental health treatment in office and/or home based treatment services available for child/parents in Franklin, Fairfield, Marion, Morrow, Union, Licking, Cuyahoga, Lorain, Erie, Huron, Medina Stark Summit counties
- Telehealth services available throughout the state of Ohio.
- Private insurance (check for in-network), self-pay, Medicaid, Medicare

Serendipity Counseling Center, www.serendipitycounselingcenter.com

131 N. Main Street, Suite K, Marysville, OH, (937) 441-3448

- Child and family counseling services, therapy
- Private insurance (check for in-network), Caresource, Medicaid.

Syntero, www.syntero.org

299 Cramer Creek Court, Dublin, OH (614) 889-5722 X133 *or* 7100 Graphics Way, Suite 300 Lewis Center, OH (740) 428-0428

- Positive Parenting Program (PPP) training workshops for parents/caregivers of children birth to 8 years old. Mental health treatment services and in-home supportive services for infants, children.
- Private insurance (check for in-network), Medicaid, Medicare, self-pay, sliding fee scale for uninsured Franklin, Delaware, Morrow County residents.